

AMY ZARANEK GAIDIS

As a coach, I believe softball players of all ages should understand the WHY of doing things instead of just how or what. I think each player should be valued for their own talents and that the mental part of the game is just as important as physical abilities. And I believe that everyone learns differently! So while I have a method, there is no cookie cutter approach. Each player gets highly individualized instruction at every lesson.

Lesson Instruction: I offer private and small group lessons in pitching and hitting. I also offer mental skills coaching. All ages and skill levels are welcome.

Team Instruction: I have coached all age groups from 8U to collegiate. Occasionally I run my own clinics, but please inquire about team clinics.

Coaching Experience:

ZaraneK Softball Training (2013 – present)

Head JV Softball Coach – Grosse Pointe North High School (2021 – present)

Assistant Varsity Coach – Grosse Pointe North High School (2016 – 2021)

Assistant Coach – Grosse Pointe Diamonds 13U (2021 – 2022)

Pitching Coach – Team Michigan 9U & Grosse Pointe Diamonds 10U (2021 – 2022)

Pitching Coach – Alpena Community College (2018)

Playing Experience:

Wayne State University – Women’s College World Series participant, GLIAC champion, Warrior Elite, Athletic Director’s Honor Roll, NCAA varsity letter winner.

Grosse Pointe North High School – All-State pitcher, MAC White Conference MVP, 2x All-Regional, 3x All-District, 3x All-Conference, 12x school record holder in pitching and hitting.

Education:

Bachelor’s Degree from Wayne State University (2016)

Master’s Degree from Ashland University (2020)

Mental Game Coaching Professional certification from Peak Performance Sports (2023)

Contact:

zaraneKsoftball@gmail.com

313.806.3811

www.zaraneKsoftball.com

www.facebook.com/zaraneKsoftball

